



You're Invited to the
3rd Annual
Delaware County Employee Health Fair & Open Enrollment

November 18, 2009
9:00 AM – 3:00 PM

111 Main Street
Delhi, NY

Free Screenings

- Cholesterol
- Body Mass Index
- Blood Pressure
- Blood Sugar
- Weight

Health, Fitness, Diet & Exercise

- Reiki
- Massage Therapy
- Chiropractor
- WIC Information
- Child Health Plus Information
- Cornell Cooperative Extension
- Weight Watchers
- Information of on-line resources available from Excellus

Open Enrollment

Now is your chance to make changes to your health, dental and prescription insurance plans. You may also change your pre-tax 125 enrollment. Information on all options will be available.

Raffles

