



Delaware County Employee Health Fair



Come one, come all!

Wednesday, November 19, 2008

9am—3pm

111 Main Street, Delhi

Large and Small Board Rooms

- **Blood Pressure, Pulse, Oxygen Level, Height, Weight & BMI—**
Delaware County Public Health
- **Glucose/Cholesterol Screening 9-12—**
A.O. Fox Hospital
- **Adult Flu Shots, \$20 9am-3pm—**
A.O. Fox Hospital - Call Marsha Muller (Personnel) for appointment
- **Nutrition/Radon Information**
Cornell Cooperative Extension
- **Reiki - No charge -Myra Fowland**
- **Massage Therapy 1-3pm - No charge—**
Don Jones
- **Excellus and Guardian Open Enrollment**
- **Delaware County Asthma Coalition—**
UHS
- **Fitness and Exercise Information Available 12-1pm**
Raegan Koenig Certified AFAA Instructor
- **Tobacco—**
Rural 3 and Delaware Co. Reality Check
- **Alzheimer's Association**
- **Weight Watchers**
- **CSEA**
- **Legacy Corps**
- **Constable Chiropractic**



Brought to you by your Delaware County Wellness Committee