# THE 5<sup>TH</sup> ANNUAL

## Delaware County Senior Fun Day



### Wednesday, August 22, 2018 9:30am to 3:00pm at 4-H Camp Shankitunk, Arbor Hill, Delhi

#### Delaware Co. Sheriff's Department will be there with the medication disposal box

- 🔊 Tai Chi for Arthritis and Chair Yoga
- 🔊 Bingo and Line Dancing
- $\infty$  Various sponsors and informational booths

#### **80** Lourdes Mobile Mammography

digital screening mammograms for women 40 years and older. To schedule an appointment, please call Lourdes Central Scheduling: (607)798-5723

#### Music by Bob Mesmer and Country Express in the afternoon

Picnic food provided by Delaware Opportunities of baked beans, salads, dessert and beverages. Featuring Wilsons BBQ Chicken. **A suggested donation of \$5 is appreciated.** Off-site parking is being set up at **SUNY Delhi**, **parking Lot G** with continual **shuttle services** to the camp starting at 9:00am.

#### **RESERVATIONS BY AUGUST 13, 2018 ARE REQUIRED TO ATTEND**

Picnic is open to all Delaware County seniors, age 60 and older, and their assistants (if needed). Number of people attending must be made known at time of registration. **NO children NO pets NO smoking on the grounds Call Delaware County Office for the Aging at 607-832-5750.** 

SPONSORED BY DELAWARE COUNTY OFFICE FOR THE AGING AND CO-SPONSORED BY DELAWARE COUNTY SENIOR COUNCIL.