



DELAWARE COUNTY OFFICE FOR THE AGING

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Director: Wayne Shepard



NY Connects
Your Link to Long Term
Services and Supports

Dear Delaware County Resident,

As a valuable member of our community, Delaware County Office for the Aging is interested in hearing what you have to say about what is important to you about living in Delaware County. Our mission is to help make Delaware County a great place for older adults. Specifically, we're interested in what is important to you in order to live here in Delaware County, safely and happily.

We would like your help in determining the services that are important to enabling you to live independently in your community. Nationwide, the cost of assisted living is now over \$20,000 per year, and care in a skilled nursing facility is around \$90,000 annually. In communities where services are not readily available, nursing homes may be able to do so, with various kinds of supports in place.

Our hope is that you will assist us in determining what kinds of services are important and necessary in our community to support our residents as they age, by taking a moment to complete the brief survey that is attached.

At the end of the survey, there are some personal questions that will assist us in planning, but we assure you that we will not know who returned the survey, and your identity will not be known to us, unless you share that information so that we may contact you with information.

It will be a small but important gesture on your part toward supporting our efforts to improve the quality of life for all of Delaware County's older adult population. If you have any questions please feel free to contact Delaware County Office for the Aging at 607-832-5750

A return self-addressed envelope has been included for your convenience.

Sincerely,

Wayne Shepard
Director Office for the Aging

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DELAWARE COUNTY RESIDENT COMMUNITY SURVEY

I live in the Village of _____ **OR** Township of _____

DEMOGRAPHICS: This information will be kept confidential and used only for statistical purposes

Gender: Male Female

Years of Age: Under 60 60-64 65-74 75-84 85-94 95-99 100+

Housing: Own Rent Senior/Subsidized Housing

Living Arrangements: Live Alone Spouse/Domestic Partner Only
 Spouse/Domestic Partner and Others Relatives Non-Relatives

How many people live in your household? (Please include yourself): _____

Marital Status: Married Widowed Divorced/Separated Never Married

Race: Amer. Ind/Alaskan Nat. Asian Black/African Amer. Hawaiian/Pacific Islander
 Hispanic White Other (list): _____

PLEASE CHECK WHICH HOUSEHOLD SIZE (Size) AND MONTHLY INCOME APPLY

Size	Monthly Income	Monthly Income	Monthly Income	Monthly Income	Monthly Income
1	<input type="checkbox"/> \$ 973 or Less	<input type="checkbox"/> \$ 974 - \$1,216	<input type="checkbox"/> \$1,217 - \$1,459	<input type="checkbox"/> \$1,459 - \$1,799	<input type="checkbox"/> OVER \$1,799
2	<input type="checkbox"/> \$1,311 or Less	<input type="checkbox"/> \$1,312 - \$1,639	<input type="checkbox"/> \$1,640 - \$1,966	<input type="checkbox"/> \$1,967 - \$2,425	<input type="checkbox"/> OVER \$2,425
3	<input type="checkbox"/> \$1,649 or Less	<input type="checkbox"/> \$1,650 - \$2,062	<input type="checkbox"/> \$2,063 - \$2,474	<input type="checkbox"/> \$2,475 - \$3,051	<input type="checkbox"/> OVER \$3,051

Please rate the following by checking one box in each of the following in regards to their importance to you!

<u>HOUSING</u>	<u>IMPORTANT</u> and a <u>CONCERN</u>	<u>IMPORTANT</u> but <u>NOT</u> a <u>CONCERN</u>	<u>NOT</u> <u>IMPORTANT</u> and <u>NOT</u> a <u>CONCERN</u>
Able to perform household chores (cleaning, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Able to perform personal care (bathing, dressing, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accessibility in the home (ramps, accessible bathrooms, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Finding reliable help to perform home maintenance/repairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to financial afford home maintenance/repairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to pay rent or taxes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Able to pay for home heating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What type of housing do you currently live in? <input type="checkbox"/> Apartment <input type="checkbox"/> One Level House <input type="checkbox"/> Multi-Level House <input type="checkbox"/> Senior/Supported Housing			
If you had to move from your current living situation, would you consider any of the following? <input type="checkbox"/> Apartment <input type="checkbox"/> One Level House <input type="checkbox"/> Multi-Level House <input type="checkbox"/> Senior/Supported Housing			

	<u>IMPORTANT</u> and a <u>CONCERN</u>	<u>IMPORTANT</u> but <u>NOT</u> a <u>CONCERN</u>	<u>NOT</u> <u>IMPORTANT</u> and <u>NOT</u> a <u>CONCERN</u>
<u>TRANSPORTATION</u>			
To local medical appointments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
To out of county medical appointments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
To the grocery store and other errands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving my own car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using Delaware County Senior Bus (our local bus system)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<u>INSURANCE/HEALTH & WELLNESS</u>			
Understanding Medicare and various options	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding low-income health insurance subsidies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding long term care services and supports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accessing services for individuals with Alzheimer's or dementia and their caregivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing a chronic health condition(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wellness programs, including exercise classes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Preventing falls, improving balance, dealing with fear of falling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<u>NUTRITION/FOOD</u>			
Having enough money for nutritious food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Being able to shop and cook for myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Able to follow a special diet recommended by my doctor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<u>SERVICES/SUPPORTS</u>			
Respite services for caregivers of people with dementia or other functional impairments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation options for those unable to drive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In-home personal care services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to participate in Congregate Dining Centers or receive Home Delivered Meals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A centralized Senior Center for activities and meals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

CAREGIVERS – If you are caring for another individual, please answer the following questions:

For whom do you provide care?

- Spouse Parent Adult Child (21+) Child (20 and younger) Non-Relative

Does this individual live in your home? Yes No

Does this individual have memory problems and/or dementia? Yes No

Do you feel overwhelmed and/or stressed in providing care? Yes No

HELP AND SUPPORT – Where you turn for help:

If you, or someone you know, have been in the hospital in the past year, did you/they have the information and supports needed to return home? Yes No Not Applicable

Have you heard of "NY Connects," the local program that helps consumers with information, assistance and connections to needed long term care services and supports? Yes No

Do you feel you have enough contact with others, (seeing friends, social engagements, etc.)? Yes No

<u>SERVICES AVAILABLE AT THE OFFICE FOR THE AGING</u>	<u>Have Used</u>	<u>Need</u>	<u>Don't Need</u>
Home Delivered Meals (<i>Meals-on-Wheels</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Senior Dining Centers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Counseling (Information on special diet needs, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Farmers Market Coupons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance in the home for yourself. - Housekeeping/Chores <i>and/or</i> Personal Care (Bathing, Dressing, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance in the home for someone you care <i>for</i> : - Housekeeping/Chores <i>and/or</i> Personal Care (Bathing, Dressing, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caregiver/Respite Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Support Groups (Caregivers or Alzheimer's)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Personal Emergency Response System (Link to Life)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance with Understanding Health Insurance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal Services (Wills, POA, Health Care Proxy) Other Legal Services Needed (please list): _____ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation Services (Rides to medical appointments, shopping, errands, meals, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance with Utility Bills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Federal and State Tax Return Assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assistance with General Information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COMMENTS (Needs or Services NOT covered above, list here or on the back): _____

OPTIONAL (Please complete if you would like us to contact you about services or with more information):

Name: _____ Phone #: _____

Address: _____

Email Address: _____