



DELAWARE COUNTY PUBLIC HEALTH SERVICES

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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Delaware County COVID-19 Update

Delaware County Public Health received two laboratory confirmed positive COVID-19 reports. One of today's positive reports is a close contact to a previously confirmed positive and had been quarantined prior to becoming symptomatic. The total of laboratory confirmed positive COVID-19 cases in Delaware County is nine (9). The investigations are ongoing and all contacts are being notified and quarantined. The first individual to test positive is fully recovered and no longer in isolation. Four (4) cases are recovering safely while isolating at home in Delaware County. Currently four (4) cases are isolated and receiving medical care in a hospital.

Totals:

There are 9 confirmed positive cases of COVID-19 in Delaware County. There are 19 people under mandatory quarantine and 5 people under precautionary quarantine. There have been 125 people tested; 14 with tests pending; and 100 negative results.

Delaware County Public Health Services in partnership with the New York State Department of Health, local hospitals and healthcare providers is actively investigating these cases and providing guidance on reducing the spread (i.e., quarantine, cleaning and other recommendations) as appropriate.

****Important: confirmed cases does not mean the total number of cases. Since access to testing is extremely limited, the number of confirmed cases does not reflect the current spread of COVID-19. Releasing the town where the positive lives does not ensure your protection or decrease your exposure risk to COVID-19. With this in mind, we strongly recommend everyone to continue social distancing to reduce the potential spread of COVID-19. Stay Home to**

slow the spread of the virus.

If you have any of the COVID-19 symptoms (cough, fever, trouble breathing or pneumonia) talk to your primary care provider. Do not come to the emergency room unless there is a pressing emergency.

Older adults and persons who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at a higher risk for more serious complications from COVID-19. People who are at higher risk should familiarize themselves with Matilda's Law.

Prevention:

To prevent spread of this virus, the flu and other respiratory illnesses, individuals are encouraged to:

- Wash your hands often with soap and water for at least 20 seconds, especially before you eat.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick. Keep a distance of at least 6 feet to help slow the spread of COVID-19.
- Cover your cough and sneezes with a tissue and discard it in a closed container.
- Clean frequently touched surfaces and objects.

For information about COVID-19 you can visit

<http://delawarecountypublichealth.com/>, <http://www.co.delaware.ny.us/wordpress/>,
and <https://coronavirus.health.ny.gov/home>, <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>