



DELAWARE COUNTY PUBLIC HEALTH SERVICES

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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Delaware County COVID-19 Update

The current total of laboratory confirmed positive COVID-19 cases received in Delaware County is five (5)-this excludes the 3 case investigations transferred to transferred to the county where the individuals are actually residing. Two cases are recovering safely while isolating at home in Delaware County. Currently three (3) cases are isolated and receiving medical care in a hospital.

Totals:

There are 5 confirmed positive cases of COVID-19 in Delaware County. There are 8 people under mandatory quarantine and 5 people under precautionary quarantine. There have been 88 people tested; 14 with tests pending; and 66 negative results.

****Important: confirmed cases does not mean the total number of cases. Since access to testing is extremely limited, the number of confirmed cases does not reflect the current spread of COVID-19. Releasing the town where the positive lives does not ensure your protection or decrease your exposure risk to COVID-19. With this in mind, we strongly recommend everyone to continue social distancing to reduce the potential spread of COVID-19.**

If you have any of the COVID-19 symptoms (cough, fever, trouble breathing or pneumonia) talk to your primary care provider. Do not come to the emergency room unless there is a pressing emergency.

Older adults and persons who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at a higher risk for more serious complications from COVID-19. People who are at higher risk should familiarize themselves with Matilda's Law.

Matilda's Law includes the following rules for vulnerable populations:

- Remain indoors;
- Can go outside for solitary exercise;
- Pre-screen all visitors and aides by taking their temperature and seeing if person is exhibiting other flu-like symptoms;
- Do not visit households with multiple people;
- Wear a mask when in the company of others;
- To the greatest extent possible, everyone in the presence of vulnerable people should wear a mask;
- Always stay at least six feet away from individuals; and
- Do not take public transportation unless urgent and absolutely necessary.

Delaware County Public Health Services in partnership with the New York State Department of Health, local hospitals and healthcare providers is actively investigating these cases and providing guidance on reducing the spread (i.e., quarantine, cleaning and other recommendations) as appropriate.

Individuals who are symptomatic and have traveled to areas of concern or have come in close contact (same classroom, office or gathering) with a person who is confirmed positive and who is symptomatic and has not tested positive for any other infection should call ahead to their health care provider before seeking treatment in person.

Prevention:

To prevent spread of this virus, the flu and other respiratory illnesses, individuals are encouraged to:

- Wash your hands often with soap and water for at least 20 seconds, especially before you eat.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick. Keep a distance of at least 6 feet to help slow the spread of COVID-19.
- Cover your cough and sneezes with a tissue and discard it in a closed container.
- Clean frequently touched surfaces and objects.

For information about COVID-19 you can visit

<http://delawarecountypublichealth.com/>, <http://www.co.delaware.ny.us/wordpress/>, <https://www.health.ny.gov/diseases/communicable/coronavirus/> and

<https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

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